

PRELIMINARY PROGRAM

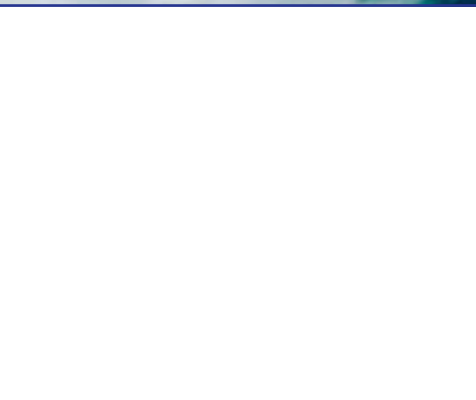


# SPORTS MEDICINE & HOCKEY: 2004



AUGUST 27-29, 2004

HILTON TORONTO  
TORONTO, CANADA



Sponsored by:



**National Hockey League  
Team Physicians Society**

and



**American Orthopaedic  
Society for Sports  
Medicine**

A world leader in sports  
medicine education, research,  
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## American Orthopaedic Society for Sports Medicine

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## FACULTY LIST

### Charles J. Burke III MD, Co-Chair

Head Team Physician, Pittsburgh Penguins

### Matthew J. Matava MD, Co-Chair

Team Orthopaedist, St. Louis Blues

### Raymond Barile MS, ATC, CSCS

Athletic Trainer, St. Louis Blues

### L. Michael Brunt MD

Team Surgeon, St. Louis Blues

### Donald Chow MD, FRCS

Team Physician, Ottawa Senators

### Michael Clarfield MD, CCFP

Head Team Physician, Toronto Maple Leafs

### Gary W. Dorshimer MD, FACP

Head Team Physician, Philadelphia Flyers

### Peter J. Fowler MD, FRCS

Medical Director, Fowler Kennedy Sport Medicine Clinic

### David Gazzaniga MD

Team Physician, New York Islanders

### Thomas J. Gill MD

Team Physician, Boston Bruins

### Scott D. Gillogly MD

Team Physician, Atlanta Thrashers

### Ronald E. Glousman MD

Team Orthopaedic Surgeon, Anaheim Mighty Ducks

### Karen M. Johnston MD, PhD

Director, Concussion Program, McGill Sport Medicine

### Susie H. Langley MS, RD

Member of Sports Nutrition Advisory Committee to the Coaching Association of Canada

### Guy L. Lanzi DMD

Team Physician, Philadelphia Flyers

### Mark Lovell PhD, ABPN

Director, Neuropsychology Program, National Hockey League

### Anthony Mascia MD, FRCPC, DABR

Consulting Radiologist, Toronto Maple Leafs

### Willem Meeuwisse MD, PhD

Sport Injury Epidemiologist, National Hockey League

### Donald E. Meehan BA, LLB

President, Newport Sports Management Inc.

### Michael Mellman MD

Team Physician, Los Angeles Kings

### David S. Mulder MD

Team Physician, Montreal Canadiens

### Michael J. Pagnani MD

Head Team Physician/Orthopaedic Surgeon, Nashville Predators

### Andrew W. Parker MD

Team Physician, Colorado Avalanche

### Marc J. Philippon MD

Director of Sports Medicine/Hip Disorders University of Pittsburgh Medical Center

### Arnold Ramirez MD

Team Physician, Tampa Bay Lightning

### George R. Reiss MD

Team Ophthalmologist, Phoenix Coyotes

### Arthur C. Rettig MD

Methodist Sports Medicine Center

### Mark W. Rodosky MD

Assistant Team Physician, Pittsburgh Penguins

### Benjamin S. Shaffer MD

Head Team Physician, Washington Capitals

### Bradford A. Stephens MD

Team Physician, United States National Women's Ice Hockey Team

### Michael J. Stuart MD

Chief Medical Officer, USA Hockey

### Charles H. Tator MD

Neurosurgical Consultant, Toronto Maple Leafs

### Timothy F. Tyler MS, PT, ATC

Clinical Research Associate, NISMAT at Lenox Hill

### William H. Whaley MD

Team Internist, Atlanta Thrashers

### Rick W. Wright MD

Team Physician, St. Louis Blues



## AGENDA

See preliminary program on AOSSM website, [www.sportsmed.org](http://www.sportsmed.org), to view complete agenda with all times and faculty presentations listed.

### FRIDAY, AUGUST 27, 2004

7:25am – 3:45pm

#### Epidemiology of Ice Hockey Injuries

- Hockey Injuries at the Amateur Level
- Professional Hockey Injuries Statistics: The National Hockey League
- Goaltender Injuries: A Trainer's Perspective

#### Critical Injuries In Ice Hockey

- Management of Acute Airway Trauma
- Catastrophic Spine Injuries
- Major Hemorrhagic Injuries in Hockey

#### Perspectives on Injuries to the Professional Hockey Player

- A Player's Perspective
- An Agent's Perspective
- A General Manager's Perspective

**Keynote Speaker:** Peter J. Fowler MD, FRCS  
Reminiscences of 35 Years in the World of Hockey

#### Neurologic Conditions

- Diagnosis and Treatment of Concussion in the NHL
- Update on Concussion: The McGill Experience
- The NHL Neuropsychological Testing Program
- Conditions of the Lumbar Spine

#### Evaluation and Treatment of Groin Pain

- Clinical Presentation and Differential Diagnosis
- Imaging Studies of the Groin
- Open and Laparoscopic Surgical Options for Groin Pain in the Hockey Player
- Prevention and Rehabilitation of Groin Injuries

### SATURDAY, AUGUST 28, 2004

8:00am – 2:35pm

#### The Lower Extremity I

- Meniscus Tears
- Management of In-Season Chondral Injuries of the Knee
- The ACL: Issues Unique to the Hockey Player

#### The Lower Extremity II

- Tendon Disorders About the Knee
- Syndesmotank Ankle Sprains
- Fractures of the Foot and Ankle

#### The Shoulder and Upper Extremity

- Management of In-Season Shoulder Instability
- Update on Surgical Options for Shoulder Instability
- Acromioclavicular and Sternoclavicular Injuries
- The Rotator Cuff: Tendonitis and Tears
- Assessment and Treatment of Wrist Injuries in Hockey Players

#### The Female Hockey Player

- Injury Prevalence Among Female Hockey Players
- Medical Issues Unique to the Female Hockey Player

#### Focus on Technique

- Hip Arthroscopy
- Principles of the Active Release Technique

### SUNDAY, AUGUST 29, 2004

8:00 – 11:15am

#### Medical Issues in Ice Hockey

- The Pre-Season Physical Assessment: Clearing the Athlete for Competition
- Exercise-Induced Asthma
- Diet, Supplements, and Medications
- Principles of Athletic Nutrition for Hockey Players
- Supplement Use and Abuse
- The Rational Use of Anti-Inflammatory Medications

#### Facial Injuries

- Facial Injuries: What You Need to Know
- Ocular Trauma in Hockey
- Injuries to the Dentition and Maxillofacial Structures

COURSE ADJOURNS



## GENERAL INFORMATION

### Description

This conference is designed to identify areas of concern or controversy in the management of high caliber athletes in a team sport setting. Speakers and topics have been selected that will provide experiential presentations of various medical concerns rather than a didactic format. Case reports and discussion will address areas of major concern along with practical and up-to-date solutions. The National Hockey League Team Physicians Society (NHLTPS) and the American Orthopaedic Society for Sports Medicine (AOSSM) believe these insights will provide guidance for the management of similar problems in competitive and recreational settings.

### Statement Of Need

The American Orthopaedic Society for Sports Medicine has determined a need for this continuing medical education program based on previous course evaluations and the AOSSM Educational curriculum. The content of this course was based on current issues and hot topics provided by AOSSM membership and leadership.

### Target Audience

This conference should prove most valuable to any orthopaedic surgeon, physician, athletic trainer, physical therapist, or coach concerned with the management or prevention of injuries to the hockey athlete.

### Program

The American Orthopaedic Society for Sports Medicine attests that the person(s) responsible for the development of this educational activity did so independently and were not influenced by commercial supporters.

### Course Objectives

Upon completion of this course, participants should be able to:

- Better evaluate and treat the hockey patient for the following problems:
  - Shoulder and upper extremity injuries
  - Lower extremity injuries
  - Groin pain
  - Facial injuries
  - Critical injuries
  - Concussion
- Identify training and rehabilitation issues
- Identify issues specific to the female hockey athlete
- Describe current nutritional and pharmacological supplementation, including treatment rationales for the use of non-steroidal anti-inflammatories
- Comprehend non-surgical medical issues such as exercise-induced asthma and pre-season physical assessment
- Describe epidemiological trends in hockey injuries

### Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Orthopaedic Society for Sports Medicine (AOSSM) and the National Hockey League Team Physicians Society (NHLTPS). The American Orthopaedic Society for Sports Medicine is accredited by the Accreditation Council of Continuing Medical Education to provide continuing medical education for physicians.



The American Orthopaedic Society for Sports Medicine is recognized by the NATA Board of Certification, Inc. to provide continuing education for Certified Athletic Trainers.

### AMA/PRA:

The American Orthopaedic Society for Sports Medicine (AOSSM) designates this educational activity for a maximum of **14** category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

The American Medical Association has determined that physicians not licensed in the US who participate in this CME activity are eligible for AMA PRA category 1 credit.

The American Orthopaedic Society for Sports Medicine (AOSSM) designates this educational activity for a maximum of **14** Continuing Education Units for Certified Athletic Trainers.

Each trainer should claim only those continuing education units that he/she actually spent in the activity.

### Cocktail Reception

On Friday, August 27, 2004 there will be a cocktail reception for all attendees from 6:30pm–7:30pm. This reception will be held at the Hilton Toronto.

### Course Location

The Hilton Toronto is located in the heart of downtown Toronto's financial, commercial, and theatre districts. The hotel is connected to miles of underground shops and restaurants and is within walking distance of Toronto's largest attractions: Tower, SkyDome, and the Art Gallery of Ontario.

### Disclaimer:

The material presented in this continuing medical education program is being made available by the American Orthopaedic Society for Sports Medicine (AOSSM) for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situation discussed, but rather is intended to present an approach, view, statement, or opinion of the authors or presenters, which may be helpful, or of interest, to other practitioners.

AOSSM is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant, such as airline or hotel fees or penalties, are the responsibility of the registrant.



# INFORMATION

## QUESTIONS AND INFORMATION

American Orthopaedic Society for Sports Medicine  
6300 N. River Road – Suite 500  
Rosemont, IL 60018

Telephone: 877/321-3500 (toll free) or 847/292-4900  
Fax: 847/292-4905  
aossm@aossm.org

## Exhibits

To complement the educational session, technical exhibits will be on display throughout the meeting.

## Faculty

A complete listing of the faculty is included in this program. Any and all faculty disclosures will be provided in the Final Program, which will be distributed at the meeting to all program registrants.

## Hotel Accommodations

A block of rooms have been reserved at the Hilton Toronto. Please make your reservations by calling **800/267-2281**. Please identify yourself as an attendee of the AOSSM/NHLTPS Meeting or reference code AMEA082504. Room availability and rates are guaranteed until **July 25, 2004**. Please make your reservations prior to that date. Room rates are **\$219CD (approximate \$166USD) for single or double**.

## Registration

On-site registration hours will be as follows:

Thursday, August 26, 2004	4:00pm to 6:00pm
Friday, August 27, 2004	6:30am to 3:30pm
Saturday, August 28, 2004	7:15am to 2:30pm
Sunday, August 29, 2004	7:15am to 11:30am

## On-Site Registration

On-site registration will be available for a surcharge of \$75USD added to the pre-registration fee.

## Refund Policy

A written request must be received in the AOSSM office prior to **August 5, 2004**. The registration fee, minus a \$50USD processing fee, will be refunded following the conference. No refunds will be made after **August 5, 2004**.

## Travel

Association Travel Concepts (ATC) is the official travel agency for this meeting. Make your reservations from one of the following options:

Web: [www.atcmeetings.com/aossm](http://www.atcmeetings.com/aossm)  
E-mail: [reservations@atcmeetings.com](mailto:reservations@atcmeetings.com)  
Fax: 858/362-3153  
Toll Free: 800/458-9383

United Airlines and United Code share flights operated by Air Canada and qualify for a meeting discount. Call United at 800/521-4041 or your travel agent and mention Meeting ID#5141B. Take an additional 5% off if you purchase your ticket at least 60 days in advance.

## POLICY ON JOINT SPONSORSHIP

*AOSSM holds the activities it jointly sponsors to the same standards relating to direct sponsorship by AOSSM. The following describes conditions that must be met in any joint sponsorship into which AOSSM may enter:*

1. The proposed activity must be consistent with AOSSM's mission statement.
2. AOSSM must be integrally involved in the planning and development of any jointly sponsored activity it designates for credit. A member of AOSSM's Education Committee will be assigned as liaison to each jointly sponsored activity, and that person must participate in the needs assessment, development of objectives, design of the educational activity, recruitment of qualified faculty, evaluation methodology, and provide oversight of the administration of the activity.
3. All jointly sponsored activities must comply with the ACCME Standards for Commercial Support. Any funds solicited on behalf of the activity must be received by AOSSM or must be authorized in writing to be delivered to the joint sponsor who shall provide full budgets and updates to AOSSM in writing. The non-accredited sponsor may solicit funds with the direction of AOSSM and may not make any representations or commitments to funding sources as to content, choice of speakers, or anything else not allowed by the Standards for Commercial Support. All commercial supporters must sign AOSSM's standard letter of agreement. The commercial supporter must be acknowledged in the activity's materials. All faculty will be required to disclose significant relationships.
4. AOSSM will review the budget for any proposed jointly sponsored activity to ensure that adequate resources have been devoted to the development of an activity consistent with meeting the activity's objectives. AOSSM will withdraw from an activity if resources are inadequate for the development of a high quality activity.
5. AOSSM must review and approve all materials associated with the activity prior to their release. AOSSM must be clearly recognized as a joint sponsor.
6. The responsibilities of the non-accredited sponsor will be clearly enumerated in a joint sponsorship agreement between the non-accredited sponsor and AOSSM. AOSSM will withdraw from any joint sponsorship if the non-accredited sponsor fails to meet its obligations as described in the contract or fails to meet its obligations as described in the contract or fails to comply with this policy.
7. AOSSM holds its jointly sponsored activities to the same standards as the activities it directly sponsors with regard to fulfillment of its CME mission, needs assessment, setting of objectives, use of systematic planning processes, evaluation, documentation, the Standards for Commercial Support, and the Standards for Enduring Materials. AOSSM's Education Committee and the Director of Education, and/or AOSSM's Board of Directors and Executive Director, whose decision in any dispute is final, will resolve any confusion regarding AOSSM's policies.

All potential joint sponsorships will be examined on their individual merits. Although all CME activities jointly sponsored with AOSSM must comply with this policy, AOSSM reserves the right to refuse to enter into joint sponsorship with a non-accredited organization for any reason whatsoever, regardless of that organization's willingness to comply with this policy.

AOSSM will charge a fee for its services. This fee and the terms for its payment will be mutually agreed to in the agreement described above.



# SPORTS MEDICINE & HOCKEY: 2004

## REGISTRATION

REGISTRATION

SPORTS MEDICINE AND HOCKEY: 2004  
American Orthopaedic Society for Sports Medicine  
Hilton Toronto – Toronto, Canada  
August 27–29, 2004

Advance registration closes August 5, 2004.

On-Site registration will be available for a surcharge of \$75US added to the pre-registration fees.

NAME \_\_\_\_\_ DEGREE \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE/PROVINCE \_\_\_\_\_ ZIP/POSTAL CODE \_\_\_\_\_ COUNTRY \_\_\_\_\_

OFFICE PHONE \_\_\_\_\_ FAX# \_\_\_\_\_ EMAIL \_\_\_\_\_

### Canadian Registrants

- |  |        |
|--|--------|
| <input type="checkbox"/> COURSE FACULTY                | NO FEE |
| <input type="checkbox"/> PHYSICIAN                     | \$490  |
| <input type="checkbox"/> ALLIED HEALTH/RESIDENT/FELLOW | \$190  |
| <input type="checkbox"/> THERAPIST/TRAINER             | \$190  |

### US/Other Non-Canadian Registrants

- |  |        |
|--|--------|
| <input type="checkbox"/> COURSE FACULTY                | NO FEE |
| <input type="checkbox"/> PHYSICIAN                     | \$650  |
| <input type="checkbox"/> ALLIED HEALTH/RESIDENT/FELLOW | \$250  |
| <input type="checkbox"/> THERAPIST/TRAINER             | \$250  |

All registration fees above reflect US dollars, and all funds must be remitted in US dollars.  
(Exchange rates have been based on \$USD = \$.75CD and rounded to the nearest ten US dollars.)

Return form with check payable to: AOSSM, P.O. Box 74613, Chicago, IL 60675-4613. Your cancelled check is your receipt.

If you prefer, you may charge your registration and fax this form to 847/292-4905.

VISA                       MASTERCARD                       AMEX

NAME ON CARD \_\_\_\_\_

CARD NUMBER \_\_\_\_\_ EXP. DATE \_\_\_\_\_

SIGNATURE \_\_\_\_\_

**NOTE:** Requests for refunds must be received in writing in the AOSSM office by August 5, 2004.

All refunds are subject to a \$50US non-refundable processing fee. No refunds will be issued after August 5, 2004.



A world leader in sports medicine education, research, communication and fellowship.